

DAVID DOUGLAS HIGH SCHOOL

ATHLETICS



In this Bulletin you will find everything you need to know about what is happening in the Athletic /Activity office of DDHS



Athletic Director Eric Stauffer



Activity Director Amber Cowgill



Athletic Secretary Stephanie Matthews

The athletic office is located in the North building next door to the main office

Hours of operation 8:00 am - 3:00 PM

Clearance

Before you can do anything in any sports you must get cleared in our office.

Required forms

Sports Application - (good for 1 year)

Form must be completed front and back and remember to indicated which sports you want to participate in by circling them on the back of the form at the bottom under the signatures.

Physical- (good for 2 years)

All freshman must have a physical dated June or later of their freshman year. 8th grade physicals are not accepted. The physical must be on the OSAA provided form. You can get your physical at your doctors office, any urgent care clinic or the school based health care clinic located here on campus at DDHS. They can be reached at 503-988-3554



Covid Waiver-(good for 1 year)

This waiver needs to be reviewed and signed by both parent and athlete

*At the end of this bulletin you will find links to the PDF forms

Academic Eligibility

When you get cleared the athletic office will check your transcripts to confirm academic eligibility. This means the report card from the end of the previous quarter is checked to make sure there are 3 passing grades and a specific number of *credits earned depending on your year in school.

*OSAA Minimum Progress Requirements -10th 4.5 credits, 11th 10.0 credits, 12th 17.0 credits

During the season you must be passing 3 classes!
Each week grade reports are conducted for each athlete. All coaches will receive a list of their athletes with sub standard grades. Any combination of 2 or more D's, F's, or W's MAY be put on a plan of improvement.

All athletes **MUST** be taking a minimum of
3 classes to be eligible to participate
It is recommended to take more than 3 so you have a safety net!



STUDY HALL & Advisory are NOT ELIGIBLE CLASSES.

Teacher Assistant IS an eligible class.



Something to consider! If you start the year not eligible you will not be eligible for the entire school year!

OSAA Seasons

[Link to OSAA Website](#)

Season 2: Traditional Fall Sports

February 22- April 5

Cross Country

Soccer

Volleyball

Football

Cheer & TAMS

Season 3: Traditional Spring Sports

April 5 - May 17

Baseball

Softball

Golf

Tennis

Track & Field

Cheer & TAMS

Season 4: Traditional Winter Sports

May 10 - June 21

Water Polo

Swimming

Wrestling-

Basketball

Cheer & TAMS

Other Important Info

If your sport is not currently in season your coach may be conducting *workouts*. Contact your coach for more information. You are only able to participate in ONE sport at a time. You must be completely cleared and academically eligible to participate in both workouts and the in season sports.

Athletic Fees: Since seasons are shortened we are charging a *prorated athletic fee. Once your sport starts its competition dates you will be assessed a \$60.00 fee to your account and you would be expected to take care of the fee at your earliest convenience.

**the prorated fees are ONLY for the 20-21 school year*

At this time we are unable to offer electronic clearance.

If you fill out and sign your forms electronically a parent will need to email us acknowledging the electronic signatures. Hard copies of the forms are available for pick up in the north office.

Email Stephanie Matthews for any questions you may have
stephanie_matthews@ddsd40.org



Cross Country

Principal
John Bier

Athletic Director
Eric Stauffer

Varsity Cross Country (Boys-Girls) Fall 2020-2021

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Thursday	Mar. 04	Centennial High School	Palermini Stadium	3:00PM
Saturday	Mar. 13	@ Reynolds High School	Reynolds	1:00PM
Thursday	Mar. 18	@ Sandy High School	Centennial	4:00PM
Saturday	Mar. 27	@ Clackamas High School	Reynolds	10:00AM
Wednesday	Mar. 31	@ Central Catholic High School	Sandy	1:00PM

Head Coach Isaac Frederick

Boys

Ahmed, Mohamed

Boyd, Elijah

Carlton, Caleb

Evers, Porter

Nokleby, Calvin

Nokleby, Jack

Stenerson, Damion

Thepharat, Brayden

Voisine, Lucson

Yelton, Andrew

Girls

Del valle de los Santos, Valeria

Duko, Yeno

Gatica Gomez, Angelica

Gomez Kendall, Luna

Pate, Emily

Torres Padilla, Vanessa

Vu, Terrie



Names in bold indicate **Varsity** Runners

Volleyball

Varsity

Acosta, Angeleena
 Bean, Sophia
 Cram, Julia
 Fox, Bianca
 Franco, Felicia
 Gbaanador, Rose
 Goyee, Faith
 Le, Brook
 Mann, Alex
 Pearce, Aspen
 Piper, Ava
 Somsanith, Tori
 Tomey, Alexis
 Whitlow, Taryn

JV

Andalon-Ordaz, Ariana
 Arifi, Arbiona
 Hebert, Natalie
 Johnson, Lyric
 McMoore, Ellianna
 Moreschi, Haley
 Moroshan, Julia
 Nguyen, Teresa
 Olivares, Aighlee
 Preuitt, Ana
 Thi, Andrea
 William, Korae

JV II

Brentley, Kayla
 Cavanaugh, Norah
 Gaad, Abygail
 Gaad, Jezreel
 Gilcrease, Jada
 Gutu, Emilia
 Hall, Savannah
 Hussein, Dora
 Kirk, Autumn
 Reeves, Mia
 Weirbach, Amaya

Principal
 John Bier

Athletic Director
 Eric Stauffer

Varsity Volleyball (Girls) Fall 2020-2021

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Monday	Mar. 01	Central Catholic High School	DDHS-North Gyms	7:30PM
Wednesday	Mar. 03	Centennial High School	DDHS-North Gyms	5:45PM
Monday	Mar. 08	@ Gresham Union HS	Gresham HS	7:30PM
Wednesday	Mar. 10	@ Sam Barlow HS	Barlow	6:45PM
Monday	Mar. 15	Sandy High School	DDHS-North Gyms	7:30PM
Wednesday	Mar. 17	@ Clackamas High School	Clackamas	6:45PM
Thursday	Mar. 18	Gresham Union HS	DDHS-North Gyms	7:30PM
Tuesday	Mar. 23	Sam Barlow HS	DDHS-North Gyms	7:30PM
Thursday	Mar. 25	@ Centennial High School	Centennial	6:45PM
Tuesday	Mar. 30	Reynolds High School	DDHS-North Gyms	7:30PM
Thursday	Apr. 01	@ Central Catholic High School	Central Catholic	6:45PM



Head Coach Janeen Rainey

Girls Soccer

Varsity

Alderton, Hailey
 Cardoza, Ariana
 Chable, Abby
 Cuevas Palma, Cristal
 Espiritu Ramirez, Janitzzy
 Eyestone, Olivia
 Garcia-Cruz, Jessica
 Gomez, Veronica
 Gonzalez-Gloria, Iyari
 Gonzalez-Gloria, Nathalie
 Green, Kylie
 Herrera Delgado, Daniela
 Huskic, Kelli
 Jaramillo, Andrea
 Kimball, Avery
 Lewis, Miya
 McQueen, Noella
 Montiel Espino, Esmeralda
 Pittsenbarger, Daeton
 Rector, Skylar
 Saldana-Jaimes, Evelin
 Shean-Jones, Amaya
 Sombounkhanh, Alyssa
 Torres, Montserrat
 Vasquez, Evelin
 Vazquez, Rosa
 West, Charlotte
 Whitlock, Joelle
 Whitlock, Rebekah



Principal
 John Bier

Athletic Director
 Eric Stauffer

Varsity Soccer (Girls) Fall 2020-2021

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Monday	Mar. 01	Madison High School	Palermini Stadium	6:30PM
Friday	Mar. 05	@ Roosevelt HS (Portland)	Roosevelt	7:30PM
Tuesday	Mar. 09	Gresham Union HS	Palermini Stadium	6:30PM
Thursday	Mar. 11	@ Clackamas High School	Clackamas	7:30PM
Monday	Mar. 15	@ Sandy High School	Sandy	7:00PM
Wednesday	Mar. 17	@ Centennial High School	Eastside Timbers Complex	2:45PM
Tuesday	Mar. 23	Reynolds High School	Palermini Stadium	6:30PM
Thursday	Mar. 25	Central Catholic High School	Palermini Stadium	6:30PM
Tuesday	Mar. 30	@ Sam Barlow HS	Barlow	6:00PM

Head Coach Amy McQueen

Boys Soccer

Varsity

Acevedo, Luis
Alderton, David
Alvarez, Oscar
Anaya, Kobe
Brambila, Xavier
Canela Portillo, Brian
Flores Trujillo, Omar
Hernandez, Gabriel
Jaramillo, Jeo
Kovacs, Justin
Lam, Luong
Lopez, Jason
Montiel, Jordan
Munoz Ruiz, Edgar
Omari, Alain
Rangel-Villafuerte, Isaac
Rendon Hernandez, Angel
Salazar, Jonathan
Valadez, Felix

JV

Dogo, Amin
Duku, Yoke
Gannon, Paiten
Garcia Perez, Christian
Garcia, Mark
Guinan, Chaz
Gutu, David
Hockett, Troy
Hutchison, Isaac
Jeylani, Jeylani
Lewis, Bryce
Mayoral Villegas, Angel
Moreno-Rojas, Fredy
Munoz Ruiz, Adrian
Ortiz Romero, Bryan
Peterson, Blake
Rangel, Jair
Webster, Zach



Head Coach Logan Marquardt

Principal
John Bier

Athletic Director
Eric Stauffer

Varsity Soccer (Boys) Fall 2020-2021

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Tuesday	Mar. 02	@ Southridge High School	Southridge	7:30PM
Wednesday	Mar. 03	Roosevelt HS (Portland)	Palermi Stadium	6:30PM
Tuesday	Mar. 09	@ Gresham Union HS	Gresham HS	6:00PM
Thursday	Mar. 11	Clackamas High School	Palermi Stadium	6:30PM
Monday	Mar. 15	Sandy High School	Palermi Stadium	6:30PM
Wednesday	Mar. 17	Centennial High School	Palermi Stadium	6:30PM
Tuesday	Mar. 23	@ Reynolds High School	Reynolds	4:00PM
Thursday	Mar. 25	@ Central Catholic High School	Delta Park	6:30PM
Tuesday	Mar. 30	Sam Barlow HS	Barlow	6:30PM



Football

Head Coach Cal Szueber



**Acosta, Noah
Bell, James
Bondy-Crouser, Rhys
Brown, Jorey
Caesar, LaVareon
Cashdollar, Isaac
Cashdollar, Micah
Clardy, Caleb
Duffey, Milo
Fite, Jeremyah
Hamann, James
Hatton, Jeremiah**

**Hubbard, James
Johnson, Tyshaun
Laban, Malosi
O'Malley, Kaden
Poulshock, Jaden
Rivera, Pito
Smith, Jerry
Stapleman, Connor
Toloke, Kingsley
Wade, Blake
Winchester, Mychal**

Home game vs Gresham April 3rd 1:00 PM

We will communicate other scheduled games when we have the dates and times





CHEER

Varsity

Bouwman, Christina
Guenther, Ella
Holly, Laney
Irish, Ella
Ledbetter, A`mere
Luker, Kiley
Mars, Dej
Maxwell, Larissa
Maxwell, Veranica
Meier, Allison
Paunovic, Annan
Watts, Amya

JV

Cardona-Le, Lindsey
Day, Sophia
Hoffmeister, Heaven
Kim, Christina
Olson, Payton
Ramirez, Araceli
Romero, Camila
Saranchuk, Katrina



Head Coach Amber Cowgill

Dance Team



Captains:

Jantazha Davis, Truc Nhan, & Maddy Rodriguez

Kabyanjali Amatya
Joy Curry
Kiyah Hill

Micole Hill
Amanda Lihs
Moriah Marsh

Ruby Rodriguez-Rojas
Soliana Yoseph

Coaches:

Lucia Garcia, Keagan O'Toole, BriAnne Dillard, Mary Fakhoury, & Mariah Howard

2021 Competition Dates: Saturday 4/10 & Saturday 4/24 Live on Youtube
Show and Hip Hop Categories



Girls Golf

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Head Coach Whitney Soule

Are you interested in playing golf this Spring season? No experience or golf clubs needed!

Please contact Coach Whitney Soule at whitney_soule@ddsd40.org or 503-481-3908.

We would LOVE to have you!

Practice begins on Monday, April 5th at Glendoveer Golf Course. Get cleared ASAP!

[Website Link Girls Golf- Click Here](#)



Boys Golf

Head Coach Tyler Satterthwaite



Contact Coach Satterthwaite if you
are interested in joining the team
tyler_satterthwaite@ddsd40.org



Track & Field



Anyone interested in track and field, get cleared now. We will start official practice on Monday, April 5th. For those not currently training, come join pre-season practices 3:15-5:00 at the Ron Russell track. We want to see you on the track! Email Coach Frederick with any questions (isaac_frederick@ddsd40.org)

Baseball season begins April 5th. We will have an open tryout starting that day. Everyone is welcome regardless of experience. If you are interested in playing please contact **Coach Kramer** (matthew_kramer@ddsd40.org) or Coach Wells (daniel_wells@ddsd40.org)

Currently, we have workouts on Tuesday afternoons Please show between 4:00 and 4:15. If you show up after 4:15 we will send you home. If you are playing a fall sport or went to another sports workouts please do not show up. You must wear a mask and remain 6 feet apart. There is no food allowed and you need to bring your own water bottle.

PRACTICE IS ON THE JV BASEBALL FIELD. YOU NEED TO ENTER FROM THE NORTH PARKING LOT AND WALK BEHIND THE SOCIAL STUDIES BUILDING.

Practice on Saturdays is in the stadium. Please arrive between 11:00 and 11:15. Practice will start promptly at 11:15 and go for one hour. Enter in the south parking lot and head to the stadium.



[Google Classroom Link](#)



Girls Basketball

Any girl interested in playing basketball should get their clearance forms completed and join us Tuesdays and Thursdays for training. We check in at 3:30, then workout from 3:45 - 5:15 in the South gym (Stadium parking lot at 130th and Market for those who haven't been here).



Head Coach Chris Cavanaugh

Boys Basketball

Head Coach Chad Reeves

**Workouts are from
3:45 to 5:15 every
Monday and
Wednesday in The
South gym. Check in is
at 3:30. Please do not
come before that.**



Swimming

Coaches: James Bowe, Bobby DeRoest & Melissa Cantwell

Practices (off season).

Varsity Monday, Wednesday and Thursday 3:30 -

5PM. Saturdays 9-10:30 am

JV Monday and Thursday 5:15 - 6:15PM



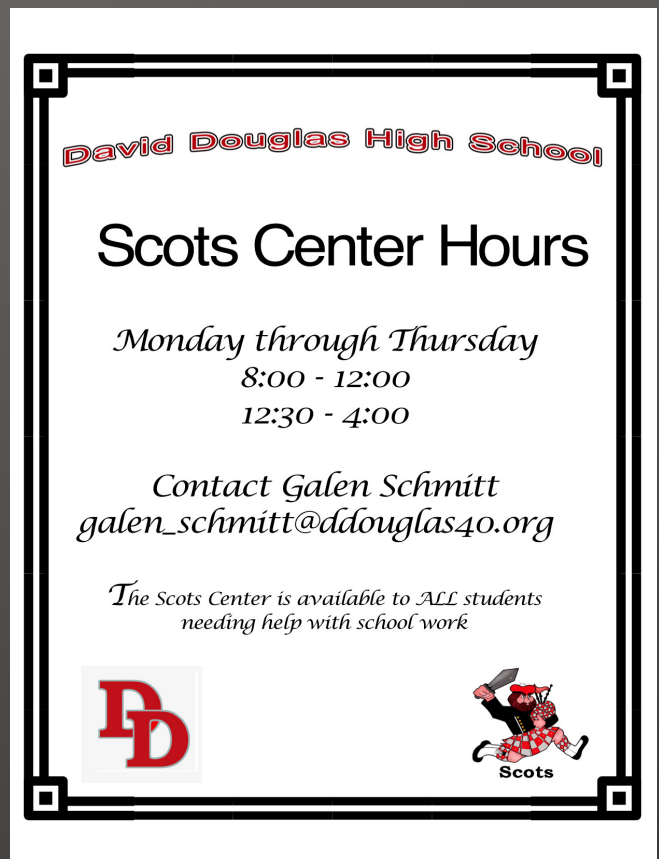
Sports Application

Physical Form

Covid Waiver

Pre Participation
Questionnaire

Athletic Information Sheet



Please Note: Coaches are **not** able to receive forms or payments and turn them in on your behalf. You must come to the school to turn in or your forms to the athletic office or scan and email them to stephanie_matthews@ddsd40.org. All payments must be done at the bookkeepers window with Mrs. Pruett. Payments cannot be taken over the phone.

*Under the Oregon Governor's mandate Wrestling and Basketball are still considered **PROHIBITED** indoor contact sports ~regardless of county level. We hope to hear of a change before the season is set to start. These programs are doing workouts and planning ahead for a season.